

Conlin Amendment to CB 117103

I Move to add the following language to Section 1R

Healthy eating and an active lifestyle are fundamental components of being ready to achieve academically. Levy investments should incorporate strategies that promote healthy eating and active living for students and their families when feasible and appropriate.

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If the amendment is passed Section 1R would read as follows:

1R. Healthy eating and an active lifestyle are fundamental components of being ready to achieve academically. Levy investments should incorporate strategies that promote healthy eating and active living for students and their families when feasible and appropriate. Since 1990, the Levy has invested in health services for Seattle students. Research findings in a 2009 study by Sarah Cusworth Walker and others at the University of Washington show that school-based health centers improve student health and emotional well-being, and that these in turn aid academic performance by increasing attendance rates and student grade point averages over time.